

Lounge Bar

OPEN SEVEN NIGHTS A WEEK
& SUNDAY LUNCHTIME
VERY COMPETITIVE PRICES
POOL-DARTS-T.V
MEAT DRAW EVERY FRIDAY
COMFORTABLE & FRIENDLY SURROUNDINGS

CALMORE GYM

(within Calmore Community Centre)
A SMALL FRIENDLY GYM
WITH FULLY EXPERIENCED STAFF

PAY AS YOU TRAIN OR MEMBERSHIP AVAILABLE

OPENING HOURS – 8am – 9pm Monday to Friday
9am – 2.30pm Saturday
9am – 2pm Sunday

Contact the Gym on Tel: 80663483 or just call in

AVAILABLE FOR HIRE
TWO FLOODLIT ALL WEATHER PITCHES FOR
FIVE ASIDE FOOTBALL, TENNIS, NETBALL & BASKETBALL

Calmore Community Centre



Calmore Drive Calmore Totton SO40 2ZU

Phone 023 8086 8455

Fax 023 8066 1170

E/Mail jean@helloworldbroadband.co.uk

Calmore Community Association

Membership £5.00 Per year
Senior Citizens £2.50 Per Year

HALLS FOR HIRE

Calmore Community Association Registered Charity No 270240

WHATS ON AT CALMORE COMMUNITY CENTRE

MONDAY

Bumble bees Pre-school	9am-2.45pm	Elaine Willis	07986 619857
Active Tots	10am – 11.30am	Patch Children’s Centre	80668047
Stay & Play	10am – 11.30pm	Patch Children’s Centre	80668047
Bumps & Babes	1pm – 2.30pm	Patch Children’s Centre	80668047
Rachels Dance School	4pm – 6pm	Jean Trinder	80868455

TUESDAY

Bumble bees Pre-school	9am-2.45pm	Elaine Willis	07986 619857
Front-line	9.am – 12.30pm		0750772 07077
Calmore Women Group	10am-11.30am	Jean Trinder	8086 8455
Aerobics	9.45am-10.45am	Linda Barham	07791547843
Rhyme Time	1.30pm – 2.30pm	Patch Children’s Centre	80668047
Brownies	6pm – 7.30pm	Kay Moran	80866950
Patchwork	7.00pm-9.00pm	Jackie Sparks	8086 8496
Aerobics	8.00pm-9.00pm	Linda Barham	07791547843
Judo(Seniors Only)	8.00pm-9.30pm	Terry Mathews	8086 7186

WEDNESDAY

Bumble bees Pre-school	9.00am-2.45pm	Elaine Willis	07986 619857
St John Ambulance	5.00pm-10pm	Gordon Fillis	80295520
Weight Watchers	6.00pm-8.00pm		08456070685

THURSDAY

Bumble bees Pre-school	9am-2.45pm	Elaine Willis	07986 619857
Aerobics (with crèche)	9.30am-10.30am	Linda Barham	07791547843
Coffee Morning	10-30am-11.30am	Patch Children’s Centre	80668047
Aerobics	10.30am-11.30am	Linda Barham	07791547843
Pelican Club- Older person’s social group	1.30pm-3.30pm	Gael Clement	80667080
Slimming World	5.30pm-9.30pm	Karen	80862990
Judo	5.30pm-9.30pm	Terry Mathews	80867186

FRIDAY

Bumble bees Pre-school	9am-2.45pm	Elaine Willis	07986 619857
Youlton Dance School	6.30pm-9.30pm	Harry Youlton Maralyn Bunday	80862048 80866326
Bingo(2 nd & 4 th Friday)	7.30pm-9.00pm		80868455
Quiz Night 3 rd Friday	7.30pm-9.30pm		80868455

SATURDAY

Watering Hole	10am-1pm	Rosemary Lethbridge	80661781
GKR Karate	10.30am12,30pm	John Wetherell	
C.M.Scrap Club (2 nd in Month)	10.30am12.30pm	Di Galbraith	80869783
Dads Matter (1 st In month)	10am-12 noon	Patch Children’s Centre	80668047

SUNDAY

Judo (Last Sunday)	3.30pm-5.30pm	Terry Mathews	80867186

Halls/Rooms Available for private hire with fully equipped Bar & Kitchen for details and booking form Contact Jean Trinder 8086 8455